

STEAK N' GRAVY WITH COKE

1½ pound round steak, divided in two pieces	1 can Coca-Cola (12 ounce can)
1 large onion, chopped	3 to 4 tablespoons catsup or tomato sauce
1 medium bell pepper, chopped	salt and pepper to taste

Add small amount of oil to large cast iron Dutch oven and brown the meat. Add the remainder of the ingredients to the pot, cover, and simmer over low heat for one hour or until tender. Serve over mounds of hot Louisiana rice.

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