
✿ **SUGAR FREE ICE CREAM** ✿

Sue Riles

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| 1 recipe sugar-free sweetened condensed milk (in Misc. Sect.) | 2 can evaporated milk |
| 1 small pkg sugar-free instant vanilla pudding | 1 carton Cool Whip |
| 2 t. vanilla | Fresh strawberries that been sliced & sweetened with Splenda (let set a little while) |

Mix all ingredients together with mixer. You can make just vanilla, but we especially like the strawberries. Freeze in ice cream freezer.

✿ **SUGAR FREE LEMON ICEBOX PIE** ✿

Annie Maxwell

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| 1 Graham cracker pie crust | 1 container Crystal Light or sugar free lemonade |
| 1 small pkg vanilla sugar free pudding | 1 Tbsp lemon juice |
| 1 ¾ cups milk | 1 small container fat free cool whip |

Mix all ingredients using half the Cool whip. Fill graham cracker crust. Top with the other half of the cool whip. Refrigerate pie several hours or overnight before serving.

✿ **FAT-FREE NO SUGAR ADDED LEMONADE CHEESECAKE** ✿

Clydette Seamans

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| 1 8-oz. fat-free cream cheese | 1 8-oz cool whip |
| 1 t. lemonade Crystal Light | 1 ready-to-use graham cracker crumb crust |
| ¼ c. skim milk | |

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Beverages, Microwave & Miscellaneous

✿ 231 ✿